



**CARE PACKING EVENT**  
**2<sup>nd</sup> Monday Each Month**  
**5:30-7:00 PM**  
**Outlets at Anthem**

**Community Service Project**  
**Family-friendly, all ages welcome!**



**FOOD CARE PACKAGE**

**ITEMS:**

- Granola Bars
- Trail Mix
- Chips
- Cookies
- Pretzels
- Dried Fruit
- Nuts
- PopTarts
- Sunflower Seeds
- Soup Mix
- Canned Soup- (Soup on the Go/Microwave Bowls)
- Top Ramen
- Canned Pasta- (Single Bowls/Pop Top)
- Peanut Butter – (Single Serve)

- Canned/Kit Meat
- Tuna Packets/Kits
- Chicken Packets/Kits
- Salmon Packets/Small Cans
- Beef Jerky
- Instant Oatmeal Packets
- Drink Mix Singles
- Coffee Singles
- Tea Bags (indiv. wrapped)
- Hot Chocolate Packets
- Candy/Mints/Gum
- Tabasco Sauce 2 oz.
- Condiments: Hot Sauce, Mustard, Relish, Ketchup, Honey, Syrup, Jelly, Mayo, Creamer, Sugar, Salt, Pepper, Sweetener



**HYGIENE PACKAGE**

- ITEMS: Travel Size**
- Lip Balm
  - Artificial Tears (sun/dust)
  - Hand Sanitizer- Travel Size
  - Foot Powder- Travel Size
  - Deodorant
  - Toothpaste Travel Size
  - Dental Floss/Picks
  - Mouthwash- Travel Size
  - Body Wash- Travel Size
  - Shampoo- Travel Size
  - Conditioner- Travel Size
  - Kleenex- Travel Size
  - Plastic Bandages
  - Baby Wipes
  - Antiseptic Wipes
  - Cotton Balls
  - Cotton Swabs
  - Advil - Travel Size
  - Cough Drops
  - Razors
  - White Undershirts



**ENTERTAINMENT ITEMS:**

- Magazines (new or used)
- DVDs
- Travel Games
- Puzzle Books
- Books- Paperback Only
- Playing Cards

**PACKING SUPPLIES:**

- Re-sealable Quart Bags
- Re-sealable Gallon Bags
- Re-sealable Sandwich Bags
- Re-sealable Snack Bags
- Sharpies
- Patriotic Stickers
- Trash Bags

**\$30/month** ships a food box and hygiene box to a deployed service member  
**\$360** sponsors care packages to a deployed hero for a year  
 Donate online [youthfortroops.org](http://youthfortroops.org) or on our Facebook page.

